

# Kindness Calendar June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Post something you no longer need on Craigslist for free.	Donate gently used clothing to a local homeless shelter	No dirty looks when someone splashes you at the pool	Help a friend pack for a move.	Make a Top 10 List of things you're thankful for and share it
6	7	8	9	10	11	12
Buy a struggling family a season pass to the municipal pool	Give a beautiful plant to someone	Send someone a hand-written card	Tell the boss what a great job they did.	Drop off flowers at a friend or neighbor's house.	Pay the toll for the driver behind you.	Put a coin in an expired meter.
13	14	15	16	17	18	19
Give compliments with wild abandon.	Text or tell someone you're thinking about them.	Leave anonymous thank you notes to teachers.	Put change in a vending machine.	At the post office, leave extra stamps at the stamp machine.	Offer to help an elderly neighbor or friend with yard work	Invite a friend you haven't seen in a while to coffee or lunch
20	21	22	23	24	25	26
Offer your mail carrier a bottle of water or tasty snack.	Sell some stuff online and give the proceeds to charity	Buy a magazine subscription and send it to a nursing home	Bring a treat to work to share with your coworkers.	Be the reason for someone's smile today.	Read a book on something new to gain new perspective	Donate old cell phones. Many groups need them.
27	28	29	30			
Run an errand for a busy friend	Help someone set up a social media account	Call your family just to say hi and see how they're doing	Pay for someone's groceries.			